

Follow Your Passion[®]

Canada Mineral Water
Ganten

ALTA
VALTELLINA
BIKE MARATHON

Distances

Marathon 100 Km
⚡ 3.260 m D+

Endurance 76 Km
⚡ 2.400 m D+

Classic 44 Km
⚡ 1.485 m D+

27 / 07 / 2024

RACEBOOK

Benvenuti

Bikers,
Welcome to the Alta Valtellina Bike Marathon!

The 14th edition in 2024 of one of the most important European MTB races is coming, for having fun and competing in the pristine landscapes of the Stelvio National Park.

In few words, an opportunity to get together and experience our passion for two wheels and off-road.

An unforgettable sporting experience is waiting for you in a unique place with its unspoiled nature and valleys rich in history, traditions and charm.

EXPLORE YOUR LIMITS! is the tagline for this edition of the AVBM, a message that best embodies the spirit of this race, which with its variety of routes and landscapes tests the physical and mental abilities of those who decide to tackle it.

There will be three race routes: **MARATHON**, 100 km and 3260 m elevation gain, **ENDURANCE**, 76 km and 2400 m D+, and **CLASSIC**, 44 km for 1485 m D+.

We would like to thank the Lombardy Region and the Valtellina Tourist Office for sponsoring and hosting, the municipalities of Valdidentro and Valdisotto, the Stelvio National Park, the Alta Valtellina Mountain Community, and the Consortium of Municipalities of the Adda Basin Imbrifero Montano for their cooperation for making this race special.

Good luck Bikers, see you at the starting line!

Team
Follow Your Passion

Welcome to Valdidentro

LAND OF SPORTS, NATURE, WELLNESS AND BIG EVENTS

A land of sports, nature, wellness and major events for all ages, Valdidentro is the perfect destination for varied, alternative and exciting experiences.

Located at the foot of the famous **Cima Piazzzi**, within its 24. 000 hectares that make it the largest town in the Province of Sondrio, it can boast environmental and scenic trasure of rare beauty, including the **Cancano Lakes**; located in the heart of the Stelvio National Park, the two artificial basins are “protected” by the famous **Fraele Towers**, once the most advanced military outpost of the Bormio defense system and today the symbol of Valdidentro, occupying a prominent place among the most fascinating and historically important fortification structures in the area.

Just a few steps away from Livigno and the Swiss border, the town is located in the area of Bormio, where the thermal waters, known since antiquity, are ideal for a regenerating vacation of relaxation and health, thanks to the three thermal centers available. Also not to be ignored is the gastronomic component, an essential aspect of Alta Valtellina, with its delicious typical products, the traditional flavors of the past and its simple and genuine cuisine, with ingredients from the land.



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Program

Friday July 26

- **9.00 a.m.** Opening Expo Area and Bike Village for race pack pickup at the Race Office (Centro Polifunzionale Rasin, Valdidentro) - for Master athletes and amateurs
- **from 2:00 p.m** License Verification
- **5.00 p.m.** Technical meeting
- **7.00 p.m.** Closing Area Expo e Bike Village

Saturday July 27

- **from 6.00 a.m.** RACE PACK PICKUP - Marathon, Endurance and Classic route at the secretary's office (Centro Polifunzionale Rasin, Valdidentro) - **until 6.30 am** for Marathon route, **until 8.30 am** for Endurance route, **until 9.00 am** for Classic route
- **7.00 a.m.** Opening Area Expo (Centro Polifunzionale Rasin, Valdidentro)
- **7.30 a.m.** RACE START - **MARATHON** (Via Lungo Viola, Valdidentro)
- **9.30 a.m.** RACE START - **ENDURANCE** (Via Lungo Viola, Valdidentro)
- **ore 11.30** RACE START - **CLASSIC** (Via Lungo Viola, Valdidentro)
- **12.00 a.m.** Arrival winner MARATHON flower ceremony (Rasin Multipurpose Center, Valdidentro)
- **1.00 p.m.** Arrival winner ENDURANCE flower ceremony (Centro Polifunzionale Rasin, Valdidentro)
- **1.30 p.m.** Arrival winner CLASSIC flower ceremony (Centro Polifunzionale Rasin, Valdidentro)
- **2.00 p.m.** OFFICIAL AWARDS CEREMONY

Pizzocchero Party from 12:00 noon near the arrival for all participants. For supporters there is the possibility to buy a lunch ticket.

Sunday July 28

- **8.00 a.m.** Meeting and Registration Alta Valtellina Marathon Kids (Centro Polifunzionale Rasin, Valdidentro)
- **from 8.00 a.m.** RACE PACK PICKUP until 9 a.m.
- **9.00 a.m.** Technical meeting
- **9.30 a.m.** RACE START Alta Valtellina Marathon Kids
- **12.00 a.m.** Pasta party
- **2.00 p.m.** Award ceremony

Courses

MARATHON course - 100 km with 3260 m elevation gain

ENDURANCE course - 76 km with 2400 m elevation gain

CLASSIC course - 44 km with 1485 m elevation gain

The route will be marked with specific banners and signs will be placed with specific technical information (descents, curves, refreshments, etc.) and related to the mileage covered (km missing to the finish).

At the beginning of the most challenging and important climbs there will be a sign indicating the characteristics of the climb (elevation gain, gradient, length).

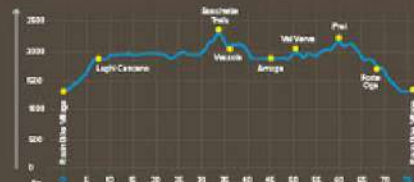
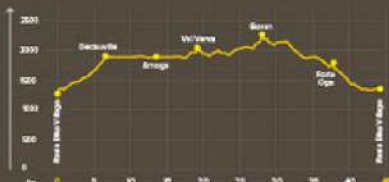
Please note: full signage will be available only during the race weekend.



PERCORSO CLASSIC - 44 km - dislivello 1485 m

PERCORSO ENDURANCE - 76 km - dislivello 2400 m

PERCORSO MARATHON - 100 km - dislivello 3260 m



General information

Departure and starting grids

The access to the grid zone is from behind the starting lane, from the intersection of Via Carlo Manni and Via Lungo Viola.

The starts, based on the number of registered participants, will be done in 8-minute intervals of each other.

The allocation of grids (bibs) is based on the actual meritocracy and competitiveness of the participants (National Ranking - times AVBM editions 2018/2021/2022/2023 - and more emblazoned races (BMW Hero sudtirolo Dolomites, Dolomiti Superbike, etc.) this is for more fluidity and safety throughout the course.

MARATHON, entrance from h 7:00 a.m. - **PINK BIB**

ELITE GRID: num. 1-75, FIRST GRID: num. 75-220; SECOND GRID: num. 220-421;

ENDURANCE, entry from h 9:00 a.m. - **BLUE BIB**.

FIRST GRID: num. 2001-2100; SECOND GRID: num. 2101-2350.

CLASSIC, entrance from h 11:00 a.m. - **YELLOW BIB**.

FIRST GRID: num. 4001-4020; SECOND GRID: num. 4021-4080;

THIRD GRID: num. 4081-4200.

Gates and closing time

Marathon 100 km - start 1st group 7:30 a.m. - 2nd group 7:38 a.m. - 3rd group 7:46 a.m.

- Pian dell'Acqua Decauville gate: km 66 3 p.m. (7h10' at 9.16 km/h)
- Boron Gate: km 82 4:45 p.m. (8h50' at 9.22 km/h)

Gate closing time was set based on the departure of the 3rd group at 7:46 am.

Endurance km 76 - start 1st group 9.30 am - 2nd group 9.38 am

- Pian dell'Acqua Decauville gate: km 42 hrs 15.00 (5h30' at 7.63 km/h)
- Boron Gate: km 58 4:45 p.m. (7h10' at 8.09 km/h)

Gate closing time was set based on the departure of the 2nd group at 9:46 am.

Classic 44 km - departure 1st group 11.20 am

- Boron gate: km 26 4:45 p.m.

There will be two vehicles available for the recovery of athletes in mechanical or other difficulties.

Timekeeping and chip

Timing will be done by EvoData Srl with technology based on the use of the OneChip. Each participant will be required to have a valid personal chip or a daily rental chip. The following types of chips can be used: Cycling and MTB 2024-enabled personal OneChip One DailyChip rental for the day.

Attenzione: Indicare il codice del chip personale sul modulo di iscrizione.

- Chips and/or related qualifiers can be purchased at shop.endu.net or at the “Chip Point” of the race;
- The DailyChip can only be rented at the race’s Chip Point for €5.00 with a €10.00 deposit. The deposit, minus the rental cost, will be refunded upon the return of the chip, which must be done at the Chip Point within 15 minutes after the race ends;
- Other types of chips not expressly indicated are not usable;
- Failure to use the chip or incorrect use of the chip will result in not being included in the ranking and not having the time recorded.

Timekeeping stations

They will be set up at the start, finish and along the two routes. The management of the controls will be carried out by authorized personnel. Those who anticipate the start or take the start without performing the start control will be excluded from the final classification and sanctioned according to F.C.I. regulations.

Race pack and bib collection

The race bib is strictly personal, cannot be tampered with and is non-transferable.

After the license has been verified, the bib number, bike number, and race pack can be picked up, upon presentation of the registration confirmation email and valid ID, at the Multipurpose Center in Rasin locality, municipality of Valdidentro (SO), on the following days and times:

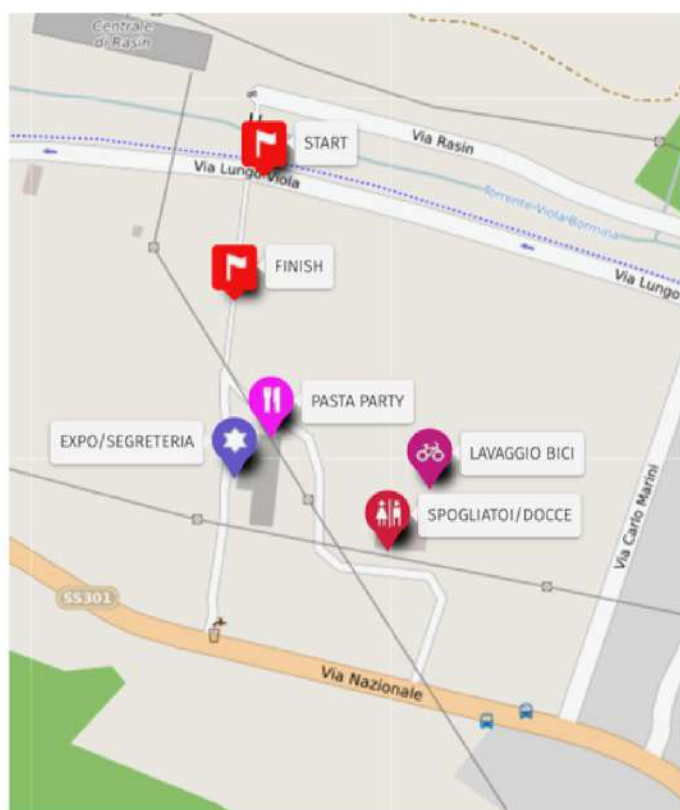
- Friday, July 26, 2024, from 09:00 to 19:00 hours

Saturday, July 27, 2024, from 06:00 am to 09:00 a.m. - by 6.30 am for Marathon route, by 8.30 am for Endurance route, by 9.00 am for Classic route

The race pack may also be picked up by a third person with a written proxy, a letter of confirmation from the proxy and a photocopy of a valid ID.

The bib number placed on the left side and the bike number must be obligatorily worn for the recognition of the athlete. The front number must be mounted prominently on the handlebars of one's bicycle, under penalty of exclusion from the time classification.

Bike village map



Logistics info

Parking area: via dei prati, by the ski stadium (1.1 km from the start)

Camper area 1 + car: via dei prati (1 km from the start)

Camper area 2: via Presura, by the sports center (1.3 km from the start)

Scan the QR code below to view the larger area:



Awards

MARATHON COURSE

Prize money for the first 10 classified in the OPEN M and F categories (Elite and Under 23)

Prizes in kind for the first 5 in each category from Elite Sport Men to M7+, Elite Sport W to W3.

ENDURANCE COURSE

Cash prizes for the first 5 absolute M/F finishers

Prizes in kind for the first 5 of each category from Elite Sport Men to M7+, from Elite Sport W to W3.

CLASSIC COURSE

Cash prizes for the first 5 classified in the competitive Junior category M/F.

Prizes in kind for the first 3 overall M/F.

Prizes in kind for the first 3 in each category from Elite Sport Men to M7+, from Elite Sport W to W3.

SPECIAL PRIZES FOR TEAMS

- TOP TEAM - Best team in Italy - prize money
- SUPER TEAM - Largest and most distant team: trophy

Rankings

They will be available immediately after the race at the following link <https://www.endu.net/it/events/alta-valtellina-bike-marathon/results> and on our website.



Services

All participants will be able to make use of the **dressing rooms** and **showers** in the Bike Village facility, as well as the presence of the technological and **innovative assisted bike wash service**.

In addition, there will also be a bag deposit service to keep one's belongings safe during the race.

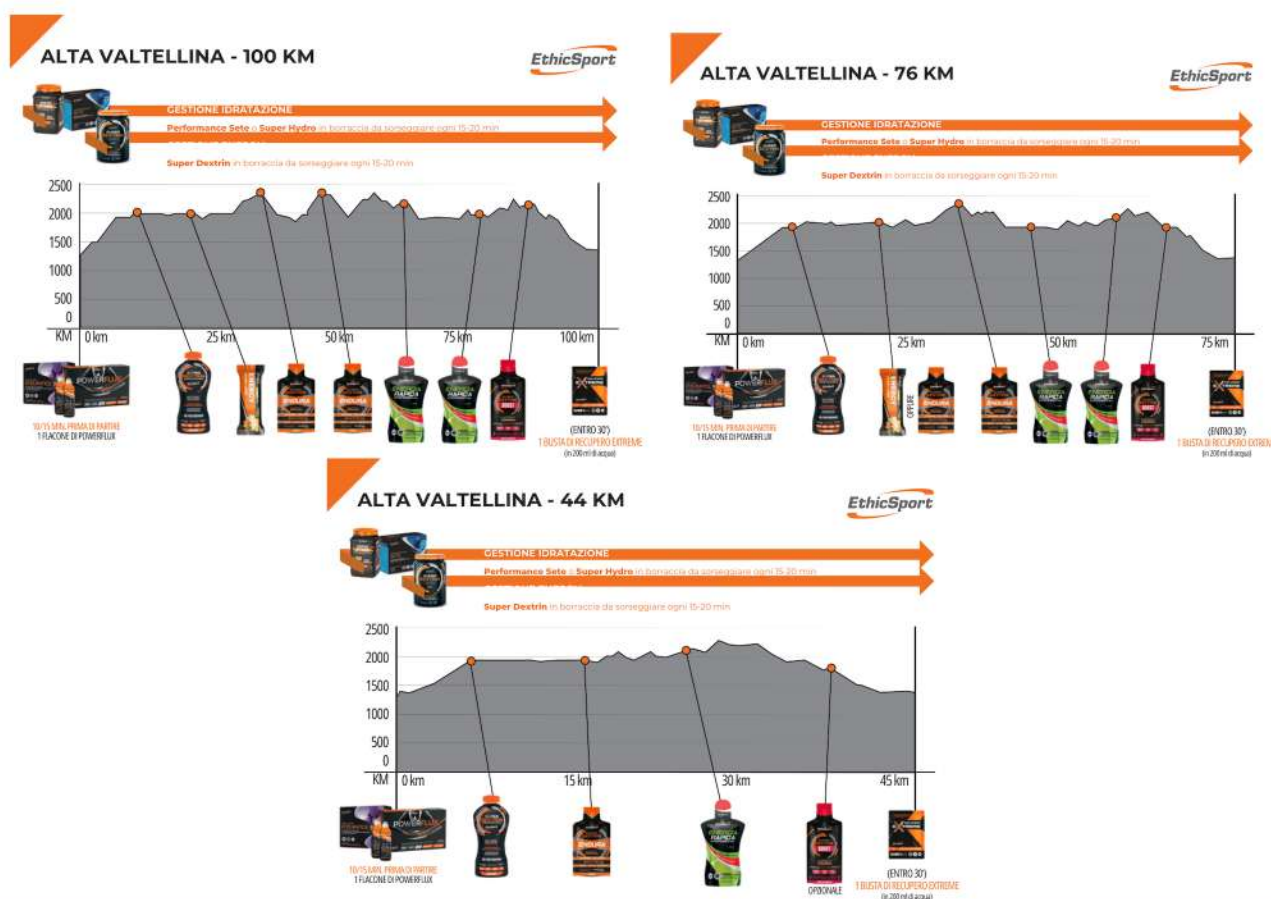
Food Courts

There will be food courts along the route and at the finish line. Isotonic drinks and liquid carbohydrates, Coca Cola, fresh and dry fruits, tarts, cookies will be available for athletes.

n.	Località	Marathon km 100	Endurance km 76	Classic km 44
1	Lago Scale	km 12	km 12	km 12
2	Petin	km 29	km 29	
3	Lago Livigno	km 42		
4	Petin	km 52	km 37	
5	Vezzola	km 60	km 47	km 14
6	Arnoga	km 70	km 54	km 22
7	Cardonè	km 78	km 60	km 28
8	Prei	km 84	km 70	km 38
9	Forte d'Oga	km 94		

Integration plan

Discover the integration plan proposed by our partner EthicSport: the best way to face your race and manage your strength for the best performance.



Pizzocchero party

At the end of the race, athletes can refresh themselves with an appetizing banquet of Valtellina specialties: pizzoccheri, pasta, cheese, bresaola, and desserts. It will be set up at the Alta Valtellina Bike Village starting at **12 a.m. on Saturday, July 27, 2024**, with the possibility for supporters to participate as well by purchasing a dedicated ticket.

Health care and mechanical assistance

For **health care**, it is provided for the use of ambulances with doctors and nurses, fixed First Aid points including a permanent one in the finish area, mobile Radio Rescue service.

- First aid point Bormio 10 km away tel. +39 0342 909137
- Sondalo hospital 27 km away tel. +39 0342 808250

For **medical emergency** tel **+39 349 1333589**

A **mechanical assistance** service will be positioned in the start/finish area. Along the route will be placed nr. 4 reserved areas for refueling and authorized technical assistance managed by the teams: they will be clearly indicated and numbered, closed to the public and only authorized personnel will have access to them.

Rules for the protection of the environment

Nature is the host of the race; we are in the Stelvio National Park. Do not leave trash along the route.

It is strictly forbidden to litter along the trail. Garbage should be thrown into the bins placed after the refreshment stations. Failure to follow the rules will result in immediate disqualification.

Rights and duties of participants

Participation in the Alta Valtellina Bike Marathon takes place at one's own risk. By registering (including at the hands of third parties) the competitor waives any claims, including those of third parties, against the organizing committee and all natural and legal persons of other organizations involved in the event. In addition, by registration the competitor declares that he/she is properly trained, to cope with the effort required.

Participants should be aware of the following rights and duties:

- attach to the handlebars the number and chip provided by the organization
- the bib number may not be changed or in any way altered
- use the approved hard helmet and fastened for the duration of the race
- compulsorily respect the highway code in road passages
- participants stopped at the maximum time gates must hand over their bib to the gate manager
- those who have not entered the grid 10 (ten) minutes before the start are automatically placed in the last starting grid
- it is mandatory to bring a puncture repair kit with you to the race
- it is recommended to bring along some spare clothing and a cape in case of bad weather
- slower competitors must immediately give way to those that are overtaking
- sections with low visibility must be approached with caution
- it is mandatory to stop and repair damage at visible points outside the race course
- runners leaving the race must give notice to the first control officer on the course and at the finish line
- changing lanes is no longer allowed in the finish area
- violation of these rules will result in disqualification

Medal

And for you who complete the **Alta Valtellina Bike Marathon**, an exclusive finisher's medal awaits you at the finish line, made from recycled wood sourced from sustainable sources, renewable energy, and zero-emission inks.



Merchandising

Discover the arm sleeves of the **Alta Valtellina Bike Marathon**! Included in the race pack for all the partecipans, there will also be the opportunity for everyone to purchase them during the event days at the BIKE VILLAGE.



Photo Shoot

How to access the photos?

During the race, smile for photographers along the route.

Photos will be available on getpica.com or the [getpica](https://getpica.com) app. To access the photos, you must register on getpica.com and enter the 9-digit code found next to the Qr code on your bib- For technical support write to support@getpica.com

- 1. At the startline, place your bib number well and frontally.** Make sure that your bib number and graphic code are visible throughout your race.
- 2. Keep your bib number or take a photo to remember your GetPica code** written on the side of your race number. You will need it to access your album.
- 3. Go to getpica.com or download the app,** and create your account. All your competition photos will be kept in one place.
- 4. Post-race, log into your account, enter the 9-digit code** printed next to your race number and access your gallery! We will also send you a reminder e-mail a few hours after the end of the event.



Share your emotions on social media and be part of the community. Tag us on [Instagram @followyourpassion_it](https://www.instagram.com/followyourpassion_it) and [Facebook @Follow Your Passion](https://www.facebook.com/FollowYourPassion)

Join the **FollowYourPassion** club on **Strava**! Take part in the community and share your activities, workouts and races in the club: **FollowYourPassion**

FollowYourPassion^Y



GANTEN IS THE TITLE SPONSOR OF THE FOLLOWYOURPASSION RACE CIRCUIT.



Ganten Water, a group specialising in the production of mineral water in China, is the title sponsor of the FollowYourPassion circuit, with a three-year partnership.

The 15-race circuit will feature the Ganten brand name.

Ganten Food & Beverage Co. Ltd., already a sponsor of Juventus, the International Basketball Federation, Volleyball and the Australian Open Tennis Championships, has always focused on the production and distribution of quality water. In the heart of the ancient glacial basin of the Lombardy Pre-Alps, cradled by the unspoilt and protected beauty of the Alto Garda Natural Park, pure Ganten gushes forth.

The brand will be present at all FollowYourPassion events, expos and refreshment points in the race, to support and refresh all participants.





CORRI DA BIGMAT: DA NOI TROVI TUTTO PER COSTRUIRE E RISTRUTTURARE

BigMat La Viscontea is always at the side of construction professionals and individuals to support them in their projects. In our stores you will find traditional and cutting-edge **technical solutions**, the best **building materials, ironing and power tools, interior finishes and coatings**. Thanks to our experience and technical competence we always guarantee professional answers and personalized services for each of your projects.

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We thank you for your collaboration for making this event special.



COMUNE DI VALDIDENTRO



COMUNE DI VALDISOTTO



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con il Patronato di



Regione
Lombardia



*Thank you to all participants
See you at the Start-line*



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